

Northern Louisiana Medical Center

401 Vaughn Avenue
Ruston, Louisiana 71270

Dining Room Menu

August 11th - 17th

Operating Hours

Dining Room

Sunday - Saturday

Breakfast 7:30 am - 9:30 am

Lunch 11:00 am - 1:15 pm

Dinner 4:30 pm - 6:00 pm

Grill

Monday - Friday

Lunch 11:00 am - 1:15 pm

Dinner 4:30 pm - 6:00 pm

Monday

August 11th

Coconut Chicken
Smothered Steak
Mashed Potatoes w/ Gravy
Fried Okra
Macaroni and Cheese
Seasoned Green Beans
Grill – Hot Dogs
Soup – Beefy Vegetable

Tuesday

August 12th

Chicken Pot Pie
Beef Tips and Rice
Lima Beans
Cream Corn
Seasoned Cabbage
Soup – Homemade Chicken Noodle

Wednesday

August 13th

Pork Loin
Chicken Fried Steak w/ white gravy
Mashed Potatoes w/ gravy
Baked Sweet Potato
Honey glazed carrots
Mixed Greens
Grill – Gravy Roast Beef Sandwich
Soup – Black Bean

Thursday

August 14th

Salisbury Steak
Chicken Gumbo
Rice/ Gravy
English Peas
Broccoli with Cheese
Fried Squash
Soup – Minestrone

Friday

August 15th

Fried Chicken
Lemon Baked Catfish
Rice with Brown Gravy
Turnip Greens
Blackeyed Peas
French Fries
Grill – Tuna on Croissants

Saturday

August 16th

Self Serve Items
Grab n' Go Items

Sunday

August 17th

Southern Fried Catfish (2)
Lemon Baked Chicken
Potato Salad
Mixed Greens
Asparagus with cheese
French Fries

For the NLMC Dining Room

Menu call

254-2274

BREAKFAST MENU

Monday

Scrambled Eggs
Boiled Eggs
Buttered toast
Ham/Bacon
Blueberry Muffins
Grits
Oatmeal
Biscuit & Gravy

Wednesday

Grits, Oatmeal
Scrambled Eggs
Boiled Eggs
Pan sausages
Ham & Cheese Croissant
Cinnamon Rolls
Biscuit & Gravy

Friday

Grits, Oatmeal
Biscuit & gravy
Bacon & Ham
Scrambled Eggs
Boiled Eggs
French toast
Buttered toast

Sunday

Grits & Oatmeal
Biscuit & gravy
Bacon
Scrambled Eggs
Boiled Eggs
Buttered toast
Muffins

Tuesday

Scrambled Eggs
Boiled Eggs
Buttered toast
Biscuit & gravy
Smoked Sausage/Bacon
Pancakes
Grits, Oatmeal

Thursday

Hash brown Casserole
Bacon/Sausage
Donuts
Biscuit & gravy
Grits & Oatmeal
Buttered toast
Scrambled Eggs
Boiled Eggs

Saturday

Grits, Oatmeal
Smoked Sausages
Biscuit & gravy
Scrambled Eggs
Boiled Eggs
Buttered toast
Pastry