Northern Louisiana Medical Center
Senior Circle

NOVEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Space for the Fish Fry is VERY LIMITED! First 100 RSVP's Must phone in your RSVP at 254-2447		1 SENIOR CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	2	3 **Fish Fry!** Sponsored by **Carroll Home Health 11:30am** Lincoln Parish Park – See Flyer **You MUST RSVP by phone for this event**	4 **Super Bingo!!** with Tracy, Kristi,Tami& Pam 2pm NLMC Cafeteria	5
6	7 **Senior Circle Bowling** Tech Bowling Alley 2pm	8 SENIOR CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	9	10 **Quilters for America's Heroes Presentation** **2pm** **Courtyard of** NLMC 	11 **Veterans Day** **Outing to Celebrity Theatres Noon!!** Viewer's Choice See attached for details	12
13	14 **Hamburger Cookout in Jonesboro!** **Siloam Spring Church in Jonesboro 11:30am**	15 SENIOR CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	16 **Painting with Kandy** **Stretch Canvas** **NLMC Cafeteria** **1:30pm** 	17 SENIOR CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	18 **Fantastic Friday 11:30am** Meet Dr. Navneet Sharma Topic: How to Manage Arthritis Pain	19 **Must RSVP at 254-2447. Space is very limited.**
20	21 **Book Exchange** NLMC Gift Shop 9:00 -11:00 am	22 SENIOR CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	23	24 	25	26
27	28 **Book Exchange** NLMC Gift Shop 9:00 -11:00 am	29 SENIOR CIRCLE EXERCISE CLASS 10AM NLMC CAFETERIA	30	 		

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DECEMBER 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Merry Christmas Senior Circle and Happy New Year! I wish all of you the most joyful, peaceful and beautiful Christmas! ***The Song of the Angels:*** ***"Glory to God in the highest and on earth, Peace." ~ Luke 2:14***				1 **SENIOR CIRCLE EXERCISE CLASS** 10AM NLMC CAFETERIA	2 **Super Bingo!!** with Ashley, Kristi& Tami 2pm NLMC Cafeteria	3
4	5 **Book Exchange** NLMC Gift Shop 9:00 -11:00 am	6 **SENIOR CIRCLE EXERCISE CLASS** 10AM NLMC CAFETERIA	7	8 **SENIOR CIRCLE EXERCISE CLASS** 10AM NLMC CAFETERIA	9 **Senior Circle Christmas Party & Ornament Exchange** at Princeton Place **in Ruston** 11:30am	10
11	12 **Book Exchange** NLMC Gift Shop 9:00 -11:00 am	13 **Senior Circle Christmas Party & Ornament Exchange at First Baptist Church Jonesboro** **11:30am**	14 **SENIOR CIRCLE EXERCISE CLASS** 10AM NLMC CAFETERIA	15 **SENIOR CIRCLE EXERCISE CLASS** 10AM NLMC CAFETERIA	16	17
18	19 **Book Exchange** NLMC Gift Shop 9:00 -11:00 am	20 **No Exercise Class**	21	22 **No Exercise Class**	23	24 **Christmas Eve!**
25 	26	27 **No Exercise Class**	28	29 **No Exercise Class**	30	31 **New Year's Eve!**