



Please communicate any questions or concerns to your health care team at any time throughout your stay. We want to address them quickly and to your satisfaction.

Your surgery is scheduled for: _____

Date: _____

Arrival time on day of surgery: _____

Medications to take with a small sip of water the day of surgery:



Care. | Surgical Services




**Northern Louisiana
Medical Center**

401 E. Vaughn Ave.
Ruston, LA 71270
318-254-2100

NorthernLouisianaMedicalCenter.com


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You are the most important member of our health care team and keeping you informed, safe and comfortable is our greatest responsibility. It is our aim to help you understand each process involved in your surgery. This brochure provides information to help you and your family have a positive experience.

All patients need to pre-register at least 3 days prior to date of surgery with Outpatient Admissions. You may call us at 318-254-2333 for any questions. Thank you for choosing Northern Louisiana Medical Center.

Instructions for Your Surgery

- Bring a complete list of all medications you take, including prescription or over-the-counter drugs. We need to know the name of the medication, the dose, and how often you take it. If you take anything for your heart, blood pressure or diabetes, or any blood thinners, check with your surgeon first before taking them prior to your surgery. You may be asked to take meds with a small sip of water the morning of surgery.
- Do not drink or eat anything after midnight before your surgery. This includes water, coffee, tea, food, gum, mints or candy. You may brush your teeth, but do not swallow the water. Your surgery could be canceled for your safety if you do not follow these instructions.
- Shower or bathe before surgery, but do not apply any lotion, deodorant, powder, make-up or use any hair products such as gels or hairspray.
- Wear something loose and comfortable, as you will be asked to change into a hospital gown.
- Leave valuables at home, including all jewelry. If you wear dentures or glasses, they will be kept in a safe place during your surgery. If you wear contact lenses, bring a case for them.
- Surgery schedules are flexible. You may be informed of a change in your surgery time on the day of surgery.
- Arrange for someone to drive you home. Louisiana state law requires patients under anesthesia to be discharged to a responsible adult. If you have not arranged this, your surgery will be rescheduled.
- Contact your doctor if you develop a cold, sore throat, fever or other illness near the day of your surgery.

Day of Surgery

- When you register, you will be asked to confirm your identity by stating your name and birthday. Then for your safety, throughout your surgical experience you will be asked to re-confirm your identity.
- You will be asked to arrive through Outpatient Admissions entrance. After checking in at the desk, the pre-operative nurse will be contacted to escort you to the pre-op room. Your family member may stay with you once the admission process is complete.
- You will then be asked to change into a hospital gown. The pre-op nurse will then finish preparing you for surgery.
- The anesthesiologist will see you prior to surgery, unless the surgeon plans on local anesthesia, to discuss the best options for your surgery and medical condition.

Operating Room

- You will be hooked up to monitors on your arrival to surgery.
- Your operating room nurse is there to care for you and will act as your advocate throughout your surgery.

Post-Operative

- Your post-anesthesia recovery nurse will monitor your care during the recovery period.
- Prior to discharge home from recovery, verbal and written discharge instructions will be provided for you and your support person.
- If being admitted to the hospital after your surgery, you will be transported to your room with all of your belongings. Your receiving nurse will receive a detailed report about your surgery to ensure that you continue to receive quality care.